



HOTEL MOUSAI

# Activities Program

## Sports & Activities Weekly Program



	MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12	SATURDAY 13	SUNDAY 14
08:00		Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
08:50	Kundalini Yoga Class <i>Meeting Point - At the beach</i>		Tai Chi Class <i>Meeting Point - At the beach</i>		Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>		
09:00		Cárdio Box <i>Meeting Point - Lobby Garza</i>		Jogging among the nature <i>Meeting Point - Lobby GB</i>		Stretched & Unstressed <i>At the Beach</i>	
10:10	Senderismo <b>TREKKING</b> <b>TREKKING Hike 2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE Hike</b> <b>INTERMEDIATE RIVER 2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING Hike 2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE Hike</b> <b>INTERMEDIATE RIVER 2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING Hike 2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE Hike</b> <b>INTERMEDIATE RIVER 2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING Hike 2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>
12:00					* Catch of the day Pesca del día <i>By the beach</i>		
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting Reservation Required <i>Meeting Point - BocaDos STK</i> Reservation Required		* WineTasting Reservation Required <i>Meeting Point - BocaDos STK</i> Reservation Required			
16:30					* Tequila Tasting Reservation Required <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Cocktail para Socios</i>					

\*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / *The Activities are subject to change without prior notice according to weather conditions.*