



HOTEL MOUSAI

Activities Program

Sports & Activities Weekly Program



MONDAY 28

TUESDAY 29

WEDNESDAY 30

THURSDAY 31

FRIDAY 1

SATURDAY 2

SUNDAY 3

08:00

Kayak & Snorkeling Los Arcos
Meeting Point - at the beach
Experience Recommended
2.5 Hrs. Age / Edad 12+
Reservation Required

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08:50

Kundalini Yoga Class
Meeting Point - At the beach

Tai Chi Class
Meeting Point - At the beach

Hatha Yoga (Sivananda)
Meeting Point - At the beach

10:10

Excursion a la CASCADA
Hike to the **WATERFALL**
INTERMEDIATE **2 Hrs.**
Meeting Point - Lobby Mousai

Senderismo **AVANZADO**
Hiking **ADVANCED 2.5 Hrs.**
Mountain, Waterfall & River
Meeting Point - Lobby Mousai

Senderismo **TREKKING**
TREKKING Hike 2 Hrs.
Mountain INTERMEDIATE
Meeting Point - Lobby Mousai

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Excursion a la CASCADA
Hike to the **WATERFALL**
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Meeting Point - Lobby Mousai

10:00

Cárdio Box
Meeting Point - Lobby Garza

Jogging among the nature
Meeting Point - Lobby GB

Stretched & Unstressed
At the Beach

11:00



Kids Circus Show
Show de Circo
By the Beach Pool

Kids Jurassic Show
Show Jurásico
By the Beach Pool



* Catch of the day
Pesca del día
By the beach
12:00 Hrs

Little Pirates Show
Show Piratitas
By the Beach Pool



16:00

* Wine Tasting
Reservation Required
Meeting Point - BocaDos STK
Reservation Required

* WineTasting
Reservation Required
Meeting Point - BocaDos STK
Reservation Required

16:00

Basketball
Meeting Point - Lobby GB

Bocce Ball
Meeting Point - Lobby GB

Horseshoes Game
Juego de Herraduras
Meeting Point - Lobby GB

Bocce Ball
Meeting Point - Lobby GB

Horseshoes Game
Juego de Herraduras
Meeting Point - Lobby GB

Basketball
Meeting Point - Lobby GB

16:00

Members Cocktail
Cocktail para Socios

* Tequila Tasting
Reservation Required
At the Blanca Blue Restaurant
16:30 Hrs.

19:00

* Taco Night
Live Music
Reservation Required
At the Beach

* New Year's Eve Dinner
Live Music
Reservation Required

*These activities have a fee, reservations are required. Ext.5604, 5608, 5609