



HOTEL MOUSAI

# Activities Program

## Sports & Activities Weekly Program



MONDAY 21

TUESDAY 22

WEDNESDAY 23

THURSDAY 24

FRIDAY 25

SATURDAY 26

SUNDAY 27

08:00

Kayak & Snorkeling Los Arcos  
*Meeting Point - at the beach*  
Experience Recommended  
2.5 Hrs. Age / Edad 12+  
Reservation Required

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08:50

Kundalini Yoga Class  
*Meeting Point - At the beach*

Tai Chi Class  
*Meeting Point - At the beach*

Hatha Yoga (Sivananda)  
*Meeting Point - At the beach*

10:00

Cárdio Box  
*Meeting Point - Lobby Garza*

Jogging among the nature  
*Meeting Point - Lobby GB*

Stretched & Unstressed  
*At the Beach*

10:10

**Excursion a la CASCADA**  
Hike to the **WATERFALL**  
INTERMEDIATE **2 Hrs.**  
*Meeting Point - Lobby Mousai*

Senderismo **AVANZADO**  
Hiking **ADVANCED 2.5 Hrs.**  
Mountain, Waterfall & River  
*Meeting Point - Lobby Mousai*

Senderismo **TREKKING**  
**TREKKING Hike 2 Hrs.**  
Mountain INTERMEDIATE  
*Meeting Point - Lobby Mousai*

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**Excursion a la CASCADA**  
Hike to the **WATERFALL**  
INTERMEDIATE **2 Hrs.**  
*Meeting Point - Lobby Mousai*

11:00



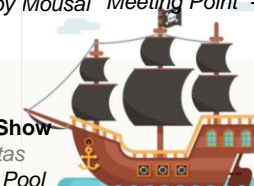
**Kids Circus Show**  
Show de Circo  
By the Beach Pool

**Kids Jurassic Show**  
Show Jurásico  
By the Beach Pool



\* Christmas Brunch  
Blanca Blue Restaurant  
Where's Santa?  
¿Donde está Santa?  
By the Lobby GB  
**12:00 Hrs.**

**Little Pirates Show**  
Show Piratitas  
By the Beach Pool



14:00

Bocce Ball  
*Meeting Point - Lobby GB*

Bocce Ball  
*Meeting Point - Lobby GB*

Bocce Ball  
*Meeting Point - Lobby GB*

16:00

Basketball  
*Meeting Point - Lobby GB*

Horseshoes Game  
Juego de Herraduras  
*Meeting Point - Lobby GB*

Squash  
*Meeting Point - Lobby GB*

Basketball  
*Meeting Point - Lobby GB*

Horseshoes Game  
Juego de Herraduras  
*Meeting Point - Lobby GB*

Squash  
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Basketball  
*Meeting Point - Lobby GB*

16:00

\* Wine Tasting  
Reservation Required  
*Meeting Point - BocaDos STK*  
Reservation Required

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*Meeting Point - BocaDos STK*  
Reservation Required

\* Tequila Tasting  
Reservation Required  
At the Blanca Blue Restaurant  
**16:30 Hrs.**

19:00

\* Christmast Eve Dinner  
Live Music  
Reservation Required

\* Taco Night  
Live Music  
Reservation Required  
At the Beach

\*These activities have a fee, reservations are required. Ext.5604, 5608, 5609