



HOTEL MOUSAI

Activities Program

Programa de Actividades



	MONDAY LUNES 28	TUESDAY MARTES 29	WEDNESDAY MIÉRCOLES 30	THURSDAY JUEVES 01	FRIDAY VIERNES 02	SATURDAY SÁBADO 03	SUNDAY DOMINGO 04
08:00		Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class & cárdio <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Excursion a LA CASCADA <i>Hike to the WATERFALL</i> River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING <i>TREKKING Hike</i> Mountain 2.5 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo AVANZADO <i>Hiking ADVANCED 2.5 Hrs.</i> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Excursion a LA CASCADA <i>Hike to the WATERFALL</i> River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo INTERMEDIO <i>INTERMEDIATE Hike</i> Mountain 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo AVANZADO <i>Hiking ADVANCED 2.5 Hrs.</i> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING <i>TREKKING Hike</i> Mountain 2.5 Hrs. <i>Meeting Point - Lobby Mousai</i>
11:00		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+	Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+
13:00			Anyone can cook Ceviche <i>By the beach pool</i>	History telling & cocktail lesson "Piña Colada" <i>By the beach pool</i>		* Catch of the day Pesca del día <i>By the beach pool</i> 12:00 Hrs.	4° Of July * BBQ Grill / Parrilada Live Rock Music / Música en vivo <i>At the beach pool</i>
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>			
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:30					* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Cocktail para Socios</i> <i>At the GB Penthouse</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			
19:00		* International Night Noche Internacional <i>By the Residents Club</i>		* Italian Night Noche Italiana <i>By the Residents Club</i>			

* These activities have a fee & reservations are required ext 6200 & 6201 / *Actividades con costo y reservación requerida ext 6200 and 6201.
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.