



HOTEL MOUSAI

Activities Program

Programa de Actividades



	MONDAY LUNES 05	TUESDAY MARTES 06	WEDNESDAY MIÉRCOLES 07	THURSDAY JUEVES 08	FRIDAY VIERNES 09	SATURDAY SÁBADO 10	SUNDAY DOMINGO 11
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:00	Excursion a LA CASCADA <i>Hike to the WATERFALL</i> River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo AVANZADO AVANZADO Hiking 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>	Senderismo INTERMEDIO INTERMEDIATE Hike Mountain 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Excursion a LA CASCADA <i>Hike to the WATERFALL</i> River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo AVANZADO AVANZADO Hiking 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>
11:00		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience Required Age / Edad 12+	
11:30	Kayaking Tour "To the Bungee" Experience Recommended 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>		Kayaking Tour "To the Bungee" Experience Recommended 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>		Kayaking Tour "To the Bungee" Experience Recommended 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>		Kayaking Tour "To the Bungee" Experience Recommended 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>
13:00			Anyone can cook Ceviche <i>By the beach pool</i>	History telling & Cocktail lesson "Piña Colada" <i>By the beach pool</i>		* Catch of the day Pesca del día <i>By the beach pool</i> 12:00 Hrs.	
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>			
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
17:00		Members Cocktail <i>Cocktail para Socios</i> <i>At the Pent house</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> 16:30 Hrs.		
19:00		* International Night Noche Internacional <i>By the Residents Club</i>		* Italian Night Noche Italiana <i>By the Residents Club</i>			

* These activities have a fee & reservations are required ext 6200 & 6201 / *Actividades con costo y reservación requerida ext 6200 and 6201.
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.