

HOW TO HANDRUB?

Rub hands for hand hygiene! Wash hands when visibly soiled.

 Duration of the entire procedure: 20-30 seconds

<p>1</p>  <p>Apply a palmful of the product in a cupped hand, covering all surfaces</p>	<p>2</p>  <p>Rub hands palm to palm</p>	<p>3</p>  <p>Right palm over left dorsum with interlaced fingers and vice versa</p>
<p>4</p>  <p>Palm to palm with fingers interlaced</p>	<p>5</p>  <p>Backs of fingers to opposing palms with fingers interlocked</p>	<p>6</p>  <p>Rotational rubbing of left thumb clasped in right palm and vice versa</p>
<p>7</p>  <p>Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa</p>	<p>8</p>  <p>Once dry, your hands are safe.</p>	