



Activities Program

Programa de Actividades



	MONDAY LUNES 24	TUESDAY MARTES 25	WEDNESDAY MIÉRCOLES 26	THURSDAY JUEVES 27	FRIDAY VIERNES 28	SATURDAY SÁBADO 29	SUNDAY DOMINGO 30
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
09:00	Kundalini Yoga Class <i>At TierraLuna</i> October Wellness 2022	Stretching Class <i>At TierraLuna</i> October Wellness 2022	Tai Chi Class <i>At TierraLuna</i> October Wellness 2022	Restorative Yoga <i>At TierraLuna</i> October Wellness 2022	Hatha Yoga (Sivananda) <i>At TierraLuna</i> October Wellness 2022	Ashtaga Yoga <i>At TierraLuna</i> October Wellness 2022	
10:10	Hike a la CASCADA Hike to the WATERFALL <i>River & Waterfall 2.0 Hrs.</i> <i>Meeting Point - Mousai North</i>	Senderismo INTERMEDIO INTERMEDIATE Hike <i>Mountain 2 Hrs.</i> <i>Meeting Point - Mousai North</i>	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - Mousai North</i>	Hiking AVANZADO ADVANCED Hike / Mountain <i>River & Waterfall / 2.5 Hrs.</i> <i>Meeting Point - Mousai North</i>	Senderismo ARROYOS ARROYOS Hike <i>Mountain 2.0 Hrs.</i> <i>Meeting Point - Mousai North</i>	Hike a la CASCADA Hike to the WATERFALL <i>River & Waterfall 2.0 Hrs.</i> <i>Meeting Point - Mousai North</i>	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - Mousai North</i>
11:00	Janzu Class <i>At Panoramic pool</i> October Wellness 2022	Diamond Luxury Hands Ritual <i>At Roof Top South</i> October Wellness 2022	Face Yoga <i>By beach pool</i> October Wellness 2022				
11:30	Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>		Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	SUP Yoga <i>At the beach pool</i> October Wellness 2022		Paddle Board Clinics Clínicas De Paddle Board Swimming skills required Age / Edad 12+	Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>
13:00	The Art of Intuitive Meditation <i>At Red Room</i> October Wellness 2022	Intuitive Yoga <i>At Red Room</i> October Wellness 2022	Cocktail & History Lessons <i>By beach pool</i>	Anyone can cook Ceviche <i>By beach pool</i>	* Catch of the day Pesca del día <i>At the beach</i> 12:00 – 15:00 Hrs.		
15:00	Bocce Ball <i>Meeting Point - GB beach</i>	Horseshoes Game <i>Meeting Point - GB beach</i>	Truly Sensory Experience <i>At Noi Restaurant</i> October Wellness 2022 14:00 Hrs.	Horseshoes Game <i>Meeting Point - GB beach</i>	Bocce Ball <i>Meeting Point - GB beach</i>	Horseshoes Game <i>Meeting Point - GB beach</i>	Bocce Ball <i>Meeting Point - GB beach</i>
16:00	The art of the aromatherapy to connect with our senses <i>At Red Room</i> October Wellness 2022	Quartz Crystal Bowl Mediation <i>At Red Room</i> October Wellness 2022		Divine energy inside Quartz <i>At Red Room</i> October Wellness 2022	Cacao Ceremony <i>At beach</i> October Wellness 2022	* Tequila Tasting Reservation Required <i>At Orange Deck</i>	
17:00	Mixology <i>Gold & Platinum Members</i> <i>At Karuma Restaurant</i>	Tiki Cocktail <i>Members Cocktail</i> <i>At Orange Deck</i>		Cocoa Tasting <i>Elite Members</i> <i>At Karuma Restaurant</i>			
20:00	Jazz Band Live Music / Música en Vivo <i>By Karuma Restaurant</i> <i>At TierraLuna</i>	Jazz Band Live Music / Música en Vivo <i>By Karuma Restaurant</i> <i>At TierraLuna</i>			Dj Night Resident Dj <i>At Mousai - Rooftop South</i> 22:00 – 00:00 Hrs.	Latin Night Noche Latina <i>At Mousai - Rooftop South</i> 22:00 – 00:00 Hrs.	Dj Night Resident Dj <i>At Mousai - Rooftop South</i> 22:00 – 00:00 Hrs.

The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.

*These activities have a fee & reservations are required. Ext. 6200 & 7213 / *Actividades con costo, reservación requerida. Ext. 6200 & 7213