



Activities Program

Programa de Actividades



	MONDAY LUNES 24	TUESDAY MARTES 25	WEDNESDAY MIÉRCOLES 26	THURSDAY JUEVES 27	FRIDAY VIERNES 28	SATURDAY SÁBADO 29	SUNDAY DOMINGO 30	
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required		Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required		Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required		Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	
08:00	Sunrise Meditation <i>At Forum of TierraLuna</i> Wellness 2024		Sound Meditation Healing <i>At Forum of TierraLuna</i> Wellness 2024		Kore Signature Workout <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024		Cardio & Strength Workout <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	
09:00	Bodyweight Sculpt <i>At Forum of TierraLuna</i> Wellness 2024		Zumba Dance Fit <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024		Tai Chi Class <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024		Kore Signature Workout <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	
10:10	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>		Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>		Botanical Garden Tour Tour Jardín Botánico <i>At TierraLuna Gardens</i> <i>Meeting Point at the Trolley Stop</i>		Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>	
11:30	Bodyweight Sculpt <i>At Forum of TierraLuna</i> Wellness 2024		Power Water Aerobics <i>Ejercicios Acuáticos</i> <i>At Panoramic pool</i> Wellness 2024		Paddle Board Yoga <i>SUP Yoga</i> <i>At Beach pool</i> Wellness 2024			
12:00					* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.		* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	
13:00	Spa Imagine Hour <i>Complimentary</i> <i>Chair Massages</i> <i>By Beach pool</i>		Artisanal Cooking Class <i>By Beach pool</i> Wellness 2024		Spa Imagine Hour <i>Complimentary</i> <i>Chair Massages</i> <i>By Beach pool</i>			
15:30	Live Flute Music <i>Música de Flauta en vivo</i> <i>At Mousai's North Rooftop</i>		Live Saxophone Music <i>Música de Saxofón en vivo</i> <i>At Mousai's South Rooftop</i>		DJ Music Música DJ <i>At Mousai's South Rooftop</i>		* Tequila Tasting <i>Degustación de Tequila</i> <i>"Tequila Clase Azul"</i> <i>Previous Reservation Required</i> At 16:00 Hrs.	
17:00	Martinis Sessions <i>5 Star & Residence Member</i> <i>At Mousai's South Rooftop</i>		Wellness Fair & Members Cocktail Party <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i>		Residence Members Mixology Class <i>Clase de Mixología</i> <i>At Karuma Restaurant</i>			
22:00			Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i> From 21:30 to 23:30 hrs.		Sunset Live <i>Live Jazz Music</i> <i>By Karuma Restaurant</i> At 19:00 hrs.		Grand Finale <i>Live Latin Music</i> <i>Música Latina</i> <i>At Mousai's South Rooftop</i>	
					Latin Live Music <i>Noche Latina</i> <i>At Mousai's South Rooftop</i>		Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i> From 21:30 to 23:30 hrs.	

The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.

*These activities have a fee & reservations are required. Ext. 6200 & 7213 / *Actividades con costo, reservación requerida. Ext. 6200 & 7213