



HOTEL MOUSAI

Activities Program

Programa de Actividades



	MONDAY LUNES 22	TUESDAY MARTES 23	WEDNESDAY MIÉRCOLES 24	THURSDAY JUEVES 25	FRIDAY VIERNES 26	SATURDAY SÁBADO 27	SUNDAY DOMINGO 28
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
08:45	Kundalini Yoga Class At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	Yin Yan Yoga Class At the Orange Deck <i>Meeting Point - Lobby GB</i>	Tai Chi Class At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	Vinyasa Yoga Class At the Orange Deck <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	Yoga Bliss Class At the Beach <i>Meeting Point - Lobby GB</i>	
10:00	Janzzu Class Clase Janzzu <i>At the panoramic pool</i> 11:00 Hrs	Sup Yoga Bliss Yoga en Paddle Board <i>At the beach pool</i>	Sup Yoga Bliss Yoga en Paddle Board <i>At the beach pool</i>	Sup Yoga Bliss Yoga en Paddle Board <i>At the beach pool</i>	Sup Yoga Bliss Yoga en Paddle Board <i>At the beach pool</i>	Janzzu Class Clase Janzzu <i>At the panoramic pool</i> 11:00 Hrs	
10:10	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Garza</i>	Excursion a LA CASCADA Hike to the WATERFALL River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo INTERMEDIO INTERMEDIATE Hike Mountain 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo AVANZADO Hiking ADVANCED 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>	Excursion a LA CASCADA Hike to the WATERFALL River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Garza</i>	Senderismo AVANZADO Hiking ADVANCED 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>
13:00		Anyone can cook Ceviche <i>By the beach pool</i>	Diamond Luxury Hands Ritual <i>By the beach pool</i>	Yoga Facial <i>By the beach pool</i>	* Catch of the day Pesca del día <i>By the beach pool</i> 12:00 Hrs.		
14:00		Natural Juice Workshop <i>At the Terrace</i>			Vegan Culinary Workshop <i>At the Terrace</i>		
16:00	Bocce Ball <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Meditation Session <i>At the Red Room</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
17:00		Members Cocktail Coctel para Socios <i>At Blanca Blue</i>		Elite Members Cooking Class Clase de Cocina para Elite Members <i>At Blanca Blue</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> 16:30 Hrs.		
17:00		Tibetan Singing Bowl Concert <i>Concierto de cuencos tibetanos</i> <i>At the Red Room</i>	Cocoa Ceremony <i>Ceremonia del cacao</i> <i>At the Orange Deck</i>				
18:00					* HAPPENING Art Walk - Farmers Market Paseo del Arte / Música en vivo <i>At Tierraluna Village</i>		

*These activities have a fee & reservations are required ext 6200 & 6201 / *Actividades con costo y reservación requerida ext 6200 and 6201.
The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.