



HOTEL MOUSAI

# Activities Program

## Programa de Actividades



	MONDAY LUNES 22	TUESDAY MARTES 23	WEDNESDAY MIÉRCOLES 24	THURSDAY JUEVES 25	FRIDAY VIERNES 26	SATURDAY SÁBADO 27	SUNDAY DOMINGO 28
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Required</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
08:45	<b>Kundalini Yoga Class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Yin Yan Yoga Class</b> At the Orange Deck <i>Meeting Point - Lobby GB</i>	<b>Tai Chi Class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Vinyasa Yoga Class</b> At the Orange Deck <i>Meeting Point - Lobby GB</i>	<b>Hatha Yoga (Sivananda)</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Yoga Bliss Class</b> At the Beach <i>Meeting Point - Lobby GB</i>	
10:00	<b>Janzzu Class</b> Clase Janzzu <i>At the panoramic pool</i> <b>11:00 Hrs</b>	<b>Sup Yoga Bliss</b> Yoga en Paddle Board <i>At the beach pool</i>	<b>Sup Yoga Bliss</b> Yoga en Paddle Board <i>At the beach pool</i>	<b>Sup Yoga Bliss</b> Yoga en Paddle Board <i>At the beach pool</i>	<b>Sup Yoga Bliss</b> Yoga en Paddle Board <i>At the beach pool</i>	<b>Janzzu Class</b> Clase Janzzu <i>At the panoramic pool</i> <b>11:00 Hrs</b>	
10:10	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Excursion a <b>LA CASCADA</b> Hike to the <b>WATERFALL</b> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> Hiking <b>ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>	Excursion a <b>LA CASCADA</b> Hike to the <b>WATERFALL</b> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>AVANZADO</b> Hiking <b>ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>
13:00		Anyone can cook Ceviche <i>By the beach pool</i>	Diamond Luxury Hands Ritual <i>By the beach pool</i>	Yoga Facial <i>By the beach pool</i>	* <b>Catch of the day</b> Pesca del día <i>By the beach pool</i> <b>12:00 Hrs.</b>		
14:00		Natural Juice Workshop <i>At the Terrace</i>			Vegan Culinary Workshop <i>At the Terrace</i>		
16:00	Bocce Ball <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Meditation Session <i>At the Red Room</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> <b>16:30 Hrs.</b>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
17:00		Members Cocktail Coctel para Socios <i>At Blanca Blue</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i> <i>At Blanca Blue</i>	Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i> <i>At Blanca Blue</i>		
17:00		Tibetan Singing Bowl Concert <i>Concierto de cuencos tibetanos</i> <i>At the Red Room</i>	Cocoa Ceremony <i>Ceremonia del cacao</i> <i>At the Orange Deck</i>		* <b>Sunset Cocktail</b> Art Walk & Farmers Market <i>At Tierraluna Village</i> <b>18:00 Hrs</b>		
19:00				* <b>Thanksgiving Party</b> <b>NO Saints VS Buffalo Bills</b> <i>Reservation with Cincierges</i> <i>At Tierraluna Village</i>			

\* These activities have a fee & reservations are required ext 6200 & 6201 / \*Actividades con costo y reservación requerida ext 6200 and 6201.  
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.