



Activities Program

Programa de Actividades



	MONDAY LUNES 18	TUESDAY MARTES 19	WEDNESDAY MIÉRCOLES 20	THURSDAY JUEVES 21	FRIDAY VIERNES 22	SATURDAY SÁBADO 23	SUNDAY DOMINGO 24
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
09:00	Hatha Yoga (Sivananda) <i>At TierraLuna Gardens</i> <i>By the Natural Pools</i>	Stretching Class <i>At TierraLuna Gardens</i> <i>By the Natural Pools</i>	Ying Yang Yoga <i>At TierraLuna Gardens</i> <i>By the Natural Pools</i>	Zumba Fit <i>At Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	Viyansa Yoga <i>At TierraLuna Gardens</i> <i>By the Natural Pools</i>	Zumba Fit <i>At Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	Stretching Class <i>At TierraLuna Gardens</i> <i>By the Natural Pools</i>
09:30			Botanical Garden Tour Tour Jardín Botánico <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>		Cardio Walk Caminata <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>		
10:10	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>	Hike a la CASCADA Hike to the WATERFALL <i>River & Waterfall 2.0 Hrs.</i> <i>Meeting Point - North Mousai</i>	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>	Hike a la CASCADA Hike to the WATERFALL <i>River & Waterfall 2.0 Hrs.</i> <i>Meeting Point - North Mousai</i>	Hike a la CASCADA Hike to the WATERFALL <i>River & Waterfall 2.0 Hrs.</i> <i>Meeting Point - North Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>
12:00	Cornhole Game <i>Meeting Point - GB beach</i>	Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	Spikeball Game <i>Meeting Point - GB beach</i>	Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	Cornhole Game <i>Meeting Point - GB beach</i>	Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	Spikeball Game <i>Meeting Point - GB beach</i>
13:00	Spa Imagine Hour Complimentary Chair Massages <i>By Beach pool</i>	* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	Anyone can cook Ceviche <i>By Beach pool</i>	* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	Spa Imagine Hour Complimentary Chair Massages <i>At Mousai's North Rooftop</i>	* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	
15:00	Black Jack <i>By Beach pool</i>	Horseshoes Game <i>Meeting Point - GB beach</i>	Texas hold 'em <i>By Beach pool</i>	Horseshoes Game <i>Meeting Point - GB beach</i>	Karuma Expo <i>By Beach pool</i> At 14:00 hrs.	Texas hold 'em <i>By Beach pool</i>	Horseshoes Game <i>Meeting Point - GB beach</i>
15:30	Live Flute Music <i>Música de Flauta</i> <i>At Mousai's North Rooftop</i>	Live Sax Music <i>Música de Saxofon</i> <i>At Mousai's South Rooftop</i>		Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i>	Live Latin Music Quartet <i>Música Latina</i> <i>At Mousai's South Rooftop</i> At 16:00 hrs.	* Tequila Tasting "Tequila Clase Azul" <i>At Mousai Terrace Restaurant</i>	DJ Music <i>Música DJ</i> <i>By Beach pool</i> At 16:00 hrs.
17:00	Tiki Cocktails <i>5 Star & Residence Member</i> <i>At Mousai's North Rooftop</i>	Members Cocktail Party <i>Cocktail para Members</i> <i>At Canú Restaurant</i>		Residence Members Cocoa Tasting <i>Degustación de Cacao</i> <i>At Karuma Restaurant</i>			
21:30					Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i>	Latin Night <i>Noche Latina</i> <i>At Mousai's South Rooftop</i> 22:00 Hrs.	Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i>

The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.

*These activities have a fee & reservations are required. Ext. 6200 & 7213 / *Actividades con costo, reservación requerida. Ext. 6200 & 7213