



HOTEL MOUSAI

# Activities Program

## Programa de Actividades



	MONDAY LUNES 16	TUESDAY MARTES 17	WEDNESDAY MIÉRCOLES 18	THURSDAY JUEVES 19	FRIDAY VIERNES 20	SATURDAY SÁBADO 21	SUNDAY DOMINGO 22
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <i>Experience Recommended</i> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
08:45	<b>Kundalini Yoga Class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Stretching class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Tai Chi Class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Jogging around the property</b> <i>Meeting Point - At the beach</i>	<b>Hatha Yoga (Sivananda)</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	<b>Stretching class</b> At the Tierraluna Village <i>Meeting Point - Lobby GB</i>	
10:10	Excursion a <b>LA CASCADA</b> <i>Hike to the WATERFALL</i> <i>River &amp; Waterfall 2 Hrs.</i> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>TREKKING</b> <b>TREKKING Hike</b> <i>Mountain 2.5 Hrs.</i> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>AVANZADO</b> <b>ADVANCED 2.5 Hrs.</b> <i>Hiking ADVANCED 2.5 Hrs.</i> <i>Mountain, Waterfall &amp; River</i> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE Hike</b> <i>Mountain 2 Hrs.</i> <i>Meeting Point - Lobby Mousai</i>	Excursion a <b>LA CASCADA</b> <i>Hike to the WATERFALL</i> <i>River &amp; Waterfall 2 Hrs.</i> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>TREKKING</b> <b>TREKKING Hike</b> <i>Mountain 2.5 Hrs.</i> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>AVANZADO</b> <b>ADVANCED 2.5 Hrs.</b> <i>Hiking ADVANCED 2.5 Hrs.</i> <i>Mountain, Waterfall &amp; River</i> <i>Meeting Point - Lobby Garza</i>
11:30	Kayak Ocean Tour <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayak Ocean Tour <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayak Ocean Tour <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayak Ocean Tour <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>
12:00					* <b>Catch of the day</b> Pesca del día <i>By the beach pool</i>		
13:00			Anyone can cook Ceviche <i>By the beach pool</i>				
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>			
16:00	Bocce Ball <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game <i>Juego de Herraduras</i> <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game <i>Juego de Herraduras</i> <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:30					* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Coctel para Socios</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			

\* These activities have a fee & reservations are required ext 6200 & 6201 / \*Actividades con costo y reservación requerida ext 6200 and 6201.  
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.