

Activities Program *Programa de Actividades*







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ව	MONDAY LUNES 10	TUESDAY MARTES 11	WEDNESDAY MIERCOLES 12	THURSDAY 13	FRIDAY 14	SATURDAY SABADO 15	SUNDAY DOMINGO 16
08:00	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at beach Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class At TierraLuna Village October Wellness 2022	Stretching Class At TierraLuna Village October Wellness 2022	Tai Chi Class At TierraLuna Village October Wellness 2022	Viyansa Yoga At TierraLuna Village October Wellness 2022	Hatha Yoga (Sivananda) At TierraLuna Village October Wellness 2022	Yin Yan Yoga At TierraLuna Village October Wellness 2022	
10:10	Hike a la CASCADA Hike to the WATERFALL River & Waterfall 2.0 Hrs. Meeting Point - Mousai North	Senderismo INTERMEDIO INTERMEDIATE Hike Mountain 2 Hrs. Meeting Point - Mousai North	Senderismo ARCOS ARCOS Hike 2.5 Hrs. Mountain & TierraLuna Meeting Point - Mousai North	Hiking AVANZADO ADVANCED Hike / Mountain River & Waterfall / 2.5 Hrs Meeting Point - Mousai North	Senderismo ARROYOS ARROYOS Hike Mountain 2.0 Hrs. Meeting Point - Mousai North	Hike a la CASCADA Hike to the WATERFALL River & Waterfall 2.0 Hrs. Meeting Point - Mousai North	Senderismo ARCOS ARCOS Hike 2.5 Hrs. Mountain & TierraLuna Meeting Point - Mousai North
11:30	Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ Reservation Required		Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ Reservation Required	Sup Yoga Bliss At the beach pool October Wellness 2022	Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ Reservation Required	Paddle Board Clinics Clínicas De Paddle Board Swimming skills required Age / Edad 12+	Kayaking Ocean Tour Experience Required 2 Hrs. Age / Edad 12+ Reservation Required
13:00		Anyone can cook Ceviche By beach pool	Cocktail & History Lessons By beach pool		* Catch of the day Pesca del día At the beach 12:00 – 15:00 Hrs.		
13:00	Spiritual God's Eyes At TierraLuna October Wellness 2022	Diamond Luxury Hands Ritual At beach pool October Wellness 2022	Face Yoga At beach pool October Wellness 2022	Glowing from Within At The Red Room October Wellness 2022	Regenerative Drinks At The Orange Deck October Wellness 2022 14:00 Hrs.		
15:00	Bocce Ball Meeting Point - GB beach		Truly Sensory Experience At Noi Restaurant October Wellness 2022 14:00 Hrs.	Energy Center of Transformation At The Red Room October Wellness 2022	Bocce Ball Meeting Point - GB beach	Horseshoes Game Meeting Point - GB beach	Bocce Ball Meeting Point - GB beach
16:00		Tibetan Singing Bowl Concert At Red Room October Wellness 2022		* WineTasting Reservation Required Meeting Point - BocaDos STK		* Tequila Tasting Reservation Required At Orange Deck	
17:00	Mixology Class Gold & Platinum Members At Karuma Restaurant	Tiki Cocktail Members Cocktail At Orange Deck		Cooking Class Elite Members At Orange Deck			
19:00	Full Moon Meditation Meditación de Luna Llena At the beach October Wellness 2022	Jazz Band Live Music / Música en Vivo By Karuma & Canu Restaurant At TierraLuna Village / 20:00 Hrs.			Dj Night Resident Dj At Mousai - Rooftop South 22:00 – 00:00 Hrs.	Latin Night Noche Latina At Mousai - Rooftop South 22:00 – 00:00 Hrs.	Dj Night Resident Dj At Mousai - Rooftop South 22:00 – 00:00 Hrs.