



HOTEL MOUSAI

# Activities Program

## Programa de Actividades



	MONDAY LUNES 09	TUESDAY MARTES 10	WEDNESDAY MIÉRCOLES 11	THURSDAY JUEVES 12	FRIDAY VIERNES 13	SATURDAY SÁBADO 14	SUNDAY DOMINGO 15
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> <b>Experience Recommended</b> 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Excursion a <b>LA CASCADA</b> <i>Hike to the WATERFALL</i> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>AVANZADO</b> <b>AVANZADO</b> Hiking <b>2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Excursion a <b>LA CASCADA</b> <i>Hike to the WATERFALL</i> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Garza</i>	Senderismo <b>AVANZADO</b> <b>AVANZADO</b> Hiking <b>2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Garza</i>
11:30	Kayaking Tour "To the Bungee" <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayaking Tour "To the Bungee" <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayaking Tour "To the Bungee" <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Kayaking Tour "To the Bungee" <b>Experience Recommended</b> 2 Hrs. Age / Edad 12+ <i>Reservation Required</i>
12:00					* <b>Catch of the day</b> Pesca del día <i>By the beach pool</i>		
13:00			Anyone can cook Ceviche <i>By the beach pool</i>				
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>			
16:00	Bocce Ball <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:30					* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Cocktail para Socios</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			

\* These activities have a fee & reservations are required ext 6200 & 6201 / \*Actividades con costo y reservación requerida ext 6200 and 6201.  
The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.