



HOTEL MOUSAI

Activities Program

Sports & Activities Weekly Program



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

08:00

Kayak & Snorkeling Los Arcos
Meeting Point - at the beach
Experience Recommended
2.5 Hrs. Age / Edad 12+
Reservation Required

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08:50

Kundalini Yoga Class
At the Beach
Meeting Point - At the beach

Tai Chi Class
At the Beach
Meeting Point - At the beach

Hatha Yoga (Sivananda)
At the Beach
Meeting Point - At the beach

10:10

Senderismo **AVANZADO**
Hiking ADVANCED 2.5 Hrs.
Mountain, Waterfall & River
Meeting Point - Lobby Mousai

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11:00

Cinicas de Paddle Board
Paddle Board Clinics
Know How Swim Mandatory
45 Mins. Age / Edad +12
At the Beach

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12:00

* Catch of the day
Pesca del día
At The Beach

16:00

* Wine Tasting
Reservation Required
Meeting Point - BocaDos STK
Reservation Required

* Wine Tasting
Reservation Required
Meeting Point - BocaDos STK
Reservation Required

16:00

Squash
Meeting Point - Lobby GB

Bocce Ball
Meeting Point - Lobby GB

Horseshoes Game
Juego de Herraduras
Meeting Point - Lobby GB

Basketball
Meeting Point - Lobby GB

Horseshoes Game
Juego de Herraduras
Meeting Point - Lobby GB

Bocce Ball
Meeting Point - Lobby GB

Horseshoes Game
Juego de Herraduras
Meeting Point - Lobby GB

16:30

* Tequila Tasting
Reservation Required
Meeting Point - Blanca Blue
Reservation Required

*These activities have a fee. reservations are required. Ext.5604, 5608, 5609