



HOTEL MOUSAI

# Activities Program

## Sports & Activities Weekly Program



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class & Cárdio <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>
11:00		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+	* Catch of the day Pesca del día <i>At the beach</i> <b>12:00 Hrs.</b>	Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+	
13:00			Anyone can cook Ceviche <i>By the beach Pool</i>		History telling lesson "Piña Colada" <i>By the Beach Pool</i>	* <b>Pool Grill Service</b> Parrillada & Snack <i>By The beach pool</i> <b>12:00 Hrs.</b>	
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> <b>16:30 Hrs.</b>		
17:00		Members Cocktail <i>Cocktail para Socios</i> <b>"Agave Fest"</b> <i>At the Blanca Blue Restaurant</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			
19:00			* Taco Night & Kids Dinner Show Cena Show P/ Niños <i>By The beach pool</i>				

\*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / *The Activities are subject to change without prior notice according to weather conditions.*