



HOTEL MOUSAI

Activities Program

Sports & Activities Weekly Program



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00		Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos Meeting Point - at the beach Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
08:50	Kundalini Yoga Class Meeting Point - At the beach		Tai Chi Class Meeting Point - At the beach		Hatha Yoga (Sivananda) Meeting Point - At the beach		
09:00		Cárdio Box Meeting Point - Lobby Garza		Jogging among the nature Meeting Point - Lobby GB		Stretched & Unstressed At the Beach	
10:10	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER Meeting Point - Lobby Mousai	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. Meeting Point - Lobby Mousai	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER Meeting Point - Lobby Mousai	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. Meeting Point - Lobby Mousai	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER Meeting Point - Lobby Mousai	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. Meeting Point - Lobby Mousai	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER Meeting Point - Lobby Mousai
12:00					* Catch of the day Pesca del día By the beach		
16:00	Basketball Meeting Point - Lobby GB	Bocce Ball Meeting Point - Lobby GB	Squash Meeting Point - Lobby GB	Horseshoes Game Juego de Herraduras Meeting Point - Lobby GB	Bocce Ball Meeting Point - Lobby GB	Horseshoes Game Juego de Herraduras Meeting Point - Lobby GB	Basketball Meeting Point - Lobby GB
16:00		* Wine Tasting Reservation Required Meeting Point - BocaDos STK Reservation Required		* WineTasting Reservation Required Meeting Point - BocaDos STK Reservation Required			
16:30					* Tequila Tasting Reservation Required At the Blanca Blue Restaurant		
17:00		Members Cocktail Cocktail para Socios					

*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / The Activities are subject to change without prior notice according to weather conditions.