



HOTEL MOUSAI

# Activities Program

## Sports & Activities Weekly Program



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Cárdio Box <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging among the nature <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Streched & Unstressed <i>At the Beach</i>	
10:00	Senderismo <b>AVANZADO</b> Hiking <b>ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike <b>INTERMEDIATE RIVER 2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike <b>2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>	Excursion a <b>LA CASCADA</b> Hike to the <b>WATERFALL</b> <b>INTERMEDIATE / 2 Hrs</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> Hiking <b>ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike <b>INTERMEDIATE RIVER 2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike <b>2 Hrs.</b> <b>INTERMEDIATE RIVER</b> <i>Meeting Point - Lobby Mousai</i>
11:00		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+	
12:00					* Catch of the day Pesca del día <i>By the beach</i>		
13:00			* St. Patrick's Day BBQ <b>Live Rock Music</b> <i>Música En Vivo</i> <i>By Beach Pool</i>				
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> <b>16:30 Hrs.</b>		
17:00		Members Cocktail <i>Cocktail para Socios</i> <b>"Agave Fest"</b> <i>At the Blanca Blue Restaurant</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i> <i>At the Blanca Blue Restaurant</i>			



\*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / *The Activities are subject to change without prior notice according to weather conditions.*