



HOTEL MOUSAI

Activities Program

Sports & Activities Weekly Program



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class & Cárdio <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Senderismo INTERMEDIO INTERMEDIATE Hike Mountain 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo AVANZADO Hiking ADVANCED 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Mousai</i>	Excursion a LA CASCADA Hike to the WATERFALL River & Waterfall 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike Mountain 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo AVANZADO Hiking ADVANCED 2.5 Hrs. Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING TREKKING Hike Mountain 2.5 Hrs. <i>Meeting Point - Lobby Mousai</i>
11:00		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+	* Catch of the day Pesca del día <i>At the beach</i> 12:00 Hrs.	Paddle Board Clinics Clínicas De Paddle Board Swimming experience required Age / Edad 12+	
13:00			Anyone can cook Ceviche <i>By the beach Pool</i>		History telling lesson "Mojito" <i>By the Beach Pool</i>	* Pool Grill Service Parrillada & Snack <i>By The beach pool</i> 12:00 Hrs.	
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation Required</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> 16:30 Hrs.		
17:00		Members Cocktail <i>Cocktail para Socios</i> "Cooking Class" <i>At the Garza Blanca PH</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			
19:00				* Taco Night & Mariachi Life Music Mariachi en vivo 19:30 hras. <i>By the beach pool</i>			

*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / *The Activities are subject to change without prior notice according to weather conditions.*