



HOTEL MOUSAI

# Activities Program

## Programa de Actividades



	MONDAY LUNES 03	TUESDAY MARTES 04	WEDNESDAY MIÉRCOLES 05	THURSDAY JUEVES 06	FRIDAY VIERNES 07	SATURDAY SÁBADO 08	SUNDAY DOMINGO 09
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class & Cárdio <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> <b>Hiking ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Excursion a <b>LA CASCADA</b> Hike to the <b>WATERFALL</b> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <b>INTERMEDIATE</b> Hike Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> <b>Hiking ADVANCED 2.5 Hrs.</b> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <b>TREKKING</b> Hike Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>
11:00	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experiance required</b> Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experiance required</b> Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experiance required</b> Age / Edad 12+		
12:00					* Catch of the day Pesca del día <i>At the beach</i>		
13:00			Anyone can cook Ceviche <i>By the beach Pool</i>	History telling & Cocktail lesson " Mai Tai " <i>By the Beach Pool</i>			
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>	* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i> <b>16:30 Hrs.</b>		
17:00		Members Cocktail <i>Cocktail para Socios</i> <b>"Cooking Class"</b> <i>At the Pent house</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			
19:00				* Taco Night & Mariachi Live Music Mariachi en vivo 20:00 hrs. <i>By the beach pool</i>	* Italian Night Noche Italiana <i>By The beach pool</i>		

\* These activities have a fee & reservations are required ext 6200 & 6201 / \*Actividades con costo y reservación requerida ext 6200 and 6201.  
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.