



HOTEL MOUSAI

Activities Program

Sports & Activities Weekly Program



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ <i>Reservation Required</i>
08:50	Kundalini Yoga Class <i>Meeting Point - At the beach</i>		Tai Chi Class <i>Meeting Point - At the beach</i>		Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>		
09:00		Cárdio Box <i>Meeting Point - Lobby Garza</i>		Jogging among the nature <i>Meeting Point - Lobby GB</i>		Stretched & Unstressed <i>At the Beach</i>	
10:10	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER <i>Meeting Point - Lobby Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER <i>Meeting Point - Lobby Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER <i>Meeting Point - Lobby Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike INTERMEDIATE RIVER 2 Hrs. <i>Meeting Point - Lobby Mousai</i>	Senderismo TREKKING TREKKING Hike 2 Hrs. INTERMEDIATE RIVER <i>Meeting Point - Lobby Mousai</i>
12:00					* Catch of the day Pesca del día <i>By the beach</i>		
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Basketball <i>Meeting Point - Lobby GB</i>
16:00		* Wine Tasting Reservation Required <i>Meeting Point - BocaDos STK</i> Reservation Required		* WineTasting Reservation Required <i>Meeting Point - BocaDos STK</i> Reservation Required			
16:30					* Tequila Tasting Reservation Required <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Cocktail para Socios</i>					

*These activities have a fee, reservations are required. Ext.5604, 5608, 5609

Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas. / *The Activities are subject to change without prior notice according to weather conditions.*