



HOTEL MOUSAI

# Activities Program

## Programa de Actividades



	MONDAY LUNES 31	TUESDAY MARTES 01	WEDNESDAY MIÉRCOLES 02	THURSDAY JUEVES 03	FRIDAY VIERNES 04	SATURDAY SÁBADO 05	SUNDAY DOMINGO 06
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at the beach</i> Experience Recommended 2.5 Hrs. Age / Edad 12+ Reservation Required
09:00	Kundalini Yoga Class <i>Meeting Point - At the beach</i>	Stretching class & cárdio <i>Meeting Point - Lobby Garza</i>	Tai Chi Class <i>Meeting Point - At the beach</i>	Jogging around the property <i>Meeting Point - Lobby GB</i>	Hatha Yoga (Sivananda) <i>Meeting Point - At the beach</i>	Stretching class <i>Meeting Point - Lobby GB</i>	
10:10	Senderismo <b>INTERMEDIO</b> <i>INTERMEDIATE Hike</i> Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> <i>Hiking ADVANCED 2.5 Hrs.</i> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <i>TREKKING Hike</i> Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Excursion a <b>LA CASCADA</b> <i>Hike to the WATERFALL</i> River & Waterfall <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>INTERMEDIO</b> <i>INTERMEDIATE Hike</i> Mountain <b>2 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>AVANZADO</b> <i>Hiking ADVANCED 2.5 Hrs.</i> Mountain, Waterfall & River <i>Meeting Point - Lobby Mousai</i>	Senderismo <b>TREKKING</b> <i>TREKKING Hike</i> Mountain <b>2.5 Hrs.</b> <i>Meeting Point - Lobby Mousai</i>
11:00	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+	Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+		Paddle Board Clinics Clínicas De Paddle Board <b>Swimming experience</b> <b>Required</b> Age / Edad 12+
13:00			Anyone can cook Ceviche <i>By the beach pool</i>	History telling & cocktail lesson "The Mojito" <i>By the beach Pool</i>		* <b>Catch of the day</b> Pesca del día <i>At the beach</i>	
16:00		* Wine Tasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>		* WineTasting <i>Reservation Required</i> <i>Meeting Point - BocaDos STK</i> <i>Reservation required</i>			
16:00	Basketball <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Squash <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>	Horseshoes Game Juego de Herraduras <i>Meeting Point - Lobby GB</i>	Bocce Ball <i>Meeting Point - Lobby GB</i>
16:30					* Tequila Tasting <i>Reservation Required</i> <i>At the Blanca Blue Restaurant</i>		
17:00		Members Cocktail <i>Cocktail para Socios</i> <i>At the GB Pent house</i>		Elite Members Cooking Class <i>Clase de Cocina para</i> <i>Elite Members</i>			
19:00				* Italian Night Noche Italiana <i>By the beach pool</i>	* <b>BBQ Market / Mercado</b> BBQ Live Music / Música en vivo <i>At The Tierraluna</i>		

\* These activities have a fee & reservations are required ext 6200 & 6201 / \*Actividades con costo y reservación requerida ext 6200 and 6201.  
The activities are subject to change without prior notice according to weather conditions./ Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.