



Activities Program

Programa de Actividades



	MONDAY LUNES 10	TUESDAY MARTES 11	WEDNESDAY MIÉRCOLES 12	THURSDAY JUEVES 13	FRIDAY VIERNES 14	SATURDAY SÁBADO 15	SUNDAY DOMINGO 16
08:00	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required	Kayak & Snorkeling Los Arcos <i>Meeting Point - at beach</i> Experience Required 2.5 Hrs. Age / Edad 12+ Reservation Required
08:00	Sunrise Meditation <i>At Forum of TierraLuna</i> Wellness 2024		Sound Meditation Healing <i>At Forum of TierraLuna</i> Wellness 2024				Cardio Workout <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024
09:00	Kundalini Yoga <i>By the Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	Zumba Dance Fit <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	Tai Chi Class <i>By the Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	Cardio Workout <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	Hatha Yoga (Sivananda) <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	Zumba Dance Fit <i>By Natural Pools</i> <i>At TierraLuna Gardens</i> Wellness 2024	
10:10	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>	Botanical Garden Tour Tour Jardín Botánico <i>At TierraLuna Gardens</i> <i>Meeting Point at the Trolley Stop</i>	Senderismo ARCOS ARCOS Hike 2.5 Hrs. <i>Mountain & TierraLuna</i> <i>Meeting Point - North Mousai</i>	Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>	Botanical Garden Tour Tour Jardín Botánico <i>At TierraLuna Gardens</i> <i>Meeting Point at the Trolley Stop</i>	Senderismo INTERMEDIO INTERMEDIATE Hike 2 Hrs. <i>Mountain</i> <i>Meeting Point - North Mousai</i>
11:30	Power Water Aerobics <i>Ejercicios Acuáticos</i> <i>At Panoramic pool</i> Wellness 2024		Power Water Aerobics <i>Ejercicios Acuáticos</i> <i>At Panoramic pool</i> Wellness 2024	* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	Paddle Board Yoga SUP Yoga <i>At Beach pool</i> Wellness 2024	* Catch of the Day Pesca del día <i>By Beach pool</i> From 12:00 to 15:00 hrs.	
12:00		Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>		Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>		Salsa Dance Lessons <i>By Canú Restaurant</i> <i>At TierraLuna Gardens</i> <i>Meeting Point - At the Trolley Stop</i>	
13:00	Spa Imagine Hour <i>Complimentary</i> <i>Chair Massages</i> <i>By Beach pool</i>		Artisanal Cooking Class <i>By Beach pool</i> Wellness 2024		Spa Imagine Hour <i>Complimentary</i> <i>Chair Massages</i> <i>By Beach pool</i>		
15:30	Live Flute Music <i>Música de Flauta en vivo</i> <i>At Mousai's South Rooftop</i>	Wellness Fair <i>Feria del Bienestar</i> <i>At TierraLuna Gardens</i> From 16:00 to 20:00 hrs.	Live Piano Music <i>Música de Piano en vivo</i> <i>At Mousai's South Rooftop</i>	DJ Music Música DJ <i>At Mousai's South Rooftop</i>		* Tequila Tasting Degustación de Tequila "Tequila Clase Azul" <i>Previous Reservation Required</i> At 16:00 Hrs.	Live Piano Music <i>Música de Piano en vivo</i> <i>At Mousai's South Rooftop</i>
17:00	Mexican Mixologist Cocktails <i>5 Star & Residence Member</i> <i>At Mousai's South Rooftop</i>	Members Cocktail Party <i>Cocktail para Members</i> <i>At TierraLuna Gardens</i> <i>At Canú Restaurant</i>		Residence Members Cooking Class <i>Clase de Cocina</i> <i>At Karuma Restaurant</i>	Yoga Class & DJ <i>At Forum of TierraLuna</i> Wellness 2024		
22:00			Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i> From 21:30 to 23:30 hrs.	Sunset Live <i>Live Jazz Music</i> <i>By Karuma Restaurant</i> At 19:00 hrs.	Grand Finale Live Latin Music <i>Música Latina</i> <i>At Mousai's South Rooftop</i>	Latin Live Music <i>Noche Latina</i> <i>At Mousai's South Rooftop</i>	Dj Music <i>Música Dj</i> <i>At Mousai's South Rooftop</i> From 21:30 to 23:30 hrs.

The activities are subject to change without prior notice according to weather conditions. / Las actividades están sujetas a cambios sin previo aviso de acuerdo a las condiciones climáticas.

*These activities have a fee & reservations are required. Ext. 6200 & 7213 / *Actividades con costo, reservación requerida. Ext. 6200 & 7213